



Tournament Rules:

*The rules outlined below will be the primary rules enforced during the tournament. For a full listing and description of outdoor volleyball rules, see the USA Volleyball rules at <http://www.usavolleyball.org/RulesOfficials/outdoor.asp>



Volleyball Court Dimensions:

Court size: 16 meters x 8 meters
Net height: 7' 11.64"

Mixed Teams:

Teams may consist of 3 or 4 players
- Teams must have at least one female player

*It is not required that a female contact the ball prior to returning the ball over the net.

Primary Outdoor Volleyball rules:

1. Winner is best 2 out of 3 games
Games 1 and 2 will be played to 21 (win by 2 points, cap at 25).
Game 3, if needed, will be played to 15 (win by 2 points cap at 21).
Teams will trade sides every 7 points during the first two games and every 5 points during the third game.
2. Serves can be made from anywhere between the side lines and behind the back line. If the server steps on the line during the serve, a 'foot fault' is called and the serving team loses the serve and the point. If the ball hits the net during the serve or any other time of play, the ball is still in play.
3. A player may not attack or block a serve.

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4. A player cannot hit the ball twice consecutively and a team cannot hit the ball more than three times. A blocked attack does not count as a hit for the individual or the team.
5. When a player touches the ball twice, this is called a double hit. A double hit can also occur if the ball touches the player twice. For example if the ball touches a player on the head and then on the shoulder, this is considered a double hit. However, if the ball is hard driven, any type of contact is allowed including a momentarily held ball.
6. A player may not reach over the net and touch the ball interfering with the opponents play. However, the player may cross under the net provided the player does not touch or interfere with the opponent or touch the net.
7. A player may not touch the net during play except in cases where the net is clearly driven into the player by the ball.
8. No open hand dinks or redirections are allowed. If the player uses a hand set to send the ball over the net, the trajectory of the ball must be perpendicular to the player's shoulders.
9. A player may not speak to the opponent while the ball is in play.